

Group Trips – A Sample Itinerary

Community Work in Ghana

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<p>Arrival in Accra</p> <p>Taken to accommodation</p> <p>Dinner</p>	<p>Travel to Akuapem Hills</p> <p>Intro to hosts</p> <p>Comprehensive induction</p> <p>Overview of project work</p> <p>Quiz night</p>	<p>Visit project sites</p> <p>Briefing by construction co-ordinator</p> <p>Start work at building project</p>	<p>Visit building site</p> <p>Production of mud bricks</p> <p>Cement mixing</p> <p>Brick laying</p>	<p>Clearing & landscaping the surrounding area</p> <p>Painting and decorating</p> <p>African culture: drumming and dancing</p>	<p>Travel to Accra</p> <p>Arts & Crafts Markets</p> <p>Travel to Cape Coast</p> <p>Dinner at Cape Coast cafe</p>	<p>Visit Kakum National Park</p> <p>Visit Elmina Castle</p> <p>Travel to Akuapem Hills</p>
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
<p>Briefing by the Garden Project Coordinator</p> <p>Visit Garden Project</p> <p>Allocation of roles</p> <p>Start Work</p>	<p>Garden Project Work</p> <p>animal care crop growing, flower production, herb growing land management</p>	<p>Garden Project Work</p> <p>animal care crop growing, flower production, herb growing land management</p> <p>Sport Activity</p>	<p>Educate children from a local school about the project</p> <p>Spend time with herbalist</p> <p>Sell produce</p> <p>Walk to Umbrella Rock</p>	<p>Finish work on Garden project</p> <p>Debrief & Achievements</p> <p>Visit Koforidua Bead Market</p> <p>Group meal at hilltop restaurant</p>	<p>Travel to Accra</p> <p>Shopping in Osu</p> <p>Visit Kokobite Beach</p> <p>Dinner at Chop Bar</p>	<p>Visit to Independence Square</p> <p>Transport to Airport</p> <p>Depart Accra</p>